

Traits of an Abuser

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What we will learn:

-Traits of an Abuser

Understand the 'Cycle of Abuse'

-What are the dangers to look for?

-What to specifically look for before a violent episode

-What are the characteristic traits of an abuser?

-The most dangerous time after leaving Abusive Relationship

-What are the dangers to look for?

-Where to get Help



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by HKTS
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What Are the "Warning Signs" of an Abuser?

Red flags and warning signs of an abuser include but are not limited to:

- Extreme jealousy
- Possessiveness
- Unpredictability
- A bad temper
- Cruelty to animals
- Verbal abuse
- Extremely controlling behavior
- Antiquated beliefs about roles of women and men in relationships
- Forced sex or disregard of their partner's unwillingness to have sex
- Sabotage of birth control methods or refusal to honor agreed upon methods
- Blaming the victim for anything bad that happens
- Sabotage or obstruction of the victim's ability to work or attend school
- Controls all the finances
- Abuse of other family members, children or pets
- Accusations of the victim flirting with others or having an affair
- Control of what the victim wears and how they act
- Demeaning the victim either privately or publicly
- Embarrassment or humiliation of the victim in front of others
- Harassment of the victim at work

<https://ncadv.org/signs-of-abuse>